

September 16, 2021

Regarding: Incoming President's Letter

Greetings Diplomates / Fellows,

I am humbled, honored and excited to accept the position as President of the International Academy of Neuromusculoskeletal Medicine (IANM). I want to thank our past president, Dr. Kim Skibsted, for all his hard work and dedication. Dr. Skibsted oversaw tremendous accomplishments, including the rebranding of the chiropractic orthopedist, online training through CDI, revised certification examinations which are now online, the IANM Pillars of Practice, and many more. We all owe him a debt of gratitude.

My goal is to continue advancing our profession and specialty. As such, I have several Vision Statements that I believe will continue to propel our specialty forward.

1. **Designation:** The accomplishment of Board Certification in Musculoskeletal Medicine should be distinguished from general practitioners. There are avenues in the works as this letter is written.
2. **Military:** We are currently working on approval to offer our program to the many chiropractic physicians serving in the Army / VA.
3. **Regenerative Medicine:** There are currently 4 states which allow specialty trained chiropractic physicians to perform injections (Utah, Idaho, Oklahoma and New Mexico). The IANM would like to standardize the teaching and work with state boards to increase scope of practice in many more states.
4. **Limited Prescription Rights:** Currently, some New Mexico chiropractic physicians have limited prescription rights. We are working on standardizing the training and progressing to additional states.
5. **Concussion Management:** Diagnosis and management of MTBI / Concussion is currently substandard. Recent literature demonstrates how concussions can be effectively managed through steady state sub-symptom threshold exercise (Buffalo Concussion Treadmill Test), as well as Vestibular, Visual, Balance, Diet, and Cervical Proprioceptive rehabilitation exercises.
6. **MUA:** Manipulation Under Anesthesia should be under the direction of neuromusculoskeletal specialists.
7. **Occupational Medicine:** The neuromusculoskeletal medicine specialist is in an ideal position to manage occupational injuries and RTW status.

I look forward to working with our excellent BOD, as well as Dr. James Lehman at the University of Bridgeport, Chiropractic Development International (CDI), the Council on Chiropractic Orthopedics (CCO), the American College of Chiropractic Orthopedists (ACCO), and many others as we continue to move our specialty forward. Lastly, I would like to publicly acknowledge the hard work and steady course our Executive Director, Dr. James Brandt, has provided to our specialty over the years.

Respectfully submitted,

Roger A. Russell, DC, MS, FIANM